

# American Board of Ophthalmology Office Record Review Module

## Diagnosis/Case: Dry Eyes

**Module Definition:** A patient complains of ocular irritation, tearing, or contact lens intolerance; patient with ocular surface disease and no other cause; or patient with poor blink, seen by you at least once in the past 12 months.

History (Positive or Negative Findings)			
Recorded	Not Recorded	Not Applicable	Item
<input type="radio"/>	<input type="radio"/>		1. Reason for visit/chief complaint
<input type="radio"/>	<input type="radio"/>		2. Ocular history/ symptoms
<input type="radio"/>	<input type="radio"/>		3. Systemic disorders
<input type="radio"/>	<input type="radio"/>		4. Current ocular medications
<input type="radio"/>	<input type="radio"/>		5. Systemic medications
<input type="radio"/>	<input type="radio"/>		6. Drug reactions/ allergies
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	7. Eyelid blink dynamics
<input type="radio"/>	<input type="radio"/>		8. Foreign body sensation
<input type="radio"/>	<input type="radio"/>		9. Fluctuating vision
<input type="radio"/>	<input type="radio"/>		10. Red eyes
<input type="radio"/>	<input type="radio"/>		11. Discharge and type
<input type="radio"/>	<input type="radio"/>		12. Burning or grittiness
<input type="radio"/>	<input type="radio"/>		13. Itching
<input type="radio"/>	<input type="radio"/>		14. Dry mouth/lesions
<input type="radio"/>	<input type="radio"/>		15. Skin disorders
<input type="radio"/>	<input type="radio"/>		16. Arthritis
<input type="radio"/>	<input type="radio"/>		17. Thyroid disease
<input type="radio"/>	<input type="radio"/>		18. Drying medications
<input type="radio"/>	<input type="radio"/>		19. Occupation/visual requirements
<input type="radio"/>	<input type="radio"/>		20. Time of day of symptoms
<input type="radio"/>	<input type="radio"/>		21. Duration/frequency of symptoms
<input type="radio"/>	<input type="radio"/>		22. Exacerbating factors
<input type="radio"/>	<input type="radio"/>		23. Smoking
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	24. Menopause
<input type="radio"/>	<input type="radio"/>		25. Contact lens wear, schedule, and care
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	26. Periorbital irradiation as an exacerbating factor
<input type="radio"/>	<input type="radio"/>		27. Allergic conjunctivitis
<input type="radio"/>	<input type="radio"/>		28. Punctal surgery
<input type="radio"/>	<input type="radio"/>		29. Eyelid surgery
<input type="radio"/>	<input type="radio"/>		30. Bell's palsy

<input type="radio"/>	<input type="radio"/>		31. Chronic ocular surface inflammation
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	32. Atopy

### Examination and Diagnostic Procedures

Recorded	Not Recorded	Not Applicable	Item
<input type="radio"/>	<input type="radio"/>		1. Lid examination
<input type="radio"/>	<input type="radio"/>		2. Lids everted
<input type="radio"/>	<input type="radio"/>		3. Conjunctiva examination
<input type="radio"/>	<input type="radio"/>		4. Cornea examination
<input type="radio"/>	<input type="radio"/>		5. Staining defects assessed
<input type="radio"/>	<input type="radio"/>		6. Rose bengal test, tear film quality assessed, Lissamine Green or Schirmer test
<input type="radio"/>	<input type="radio"/>		7. Skin
<input type="radio"/>	<input type="radio"/>		8. Cranial nerve function

### Assessment and Management

Recorded	Not Recorded	Not Applicable	Item
<input type="radio"/>	<input type="radio"/>		1. Current diagnosis
			If diagnosis is dry eyes, patient advised to:
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	2. Discontinue drying medication
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	3. Try artificial tears
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	4. Try preservative free tears
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	5. Try therapeutic soft contact lens
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	6. Try topical antibiotics
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	7. Try topical steroids
			If artificial tears were not successful:
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	8. Punctal occlusion with permanent plugs
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	9. Temporary punctal occlusion fails to alleviate symptoms
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	10. Cautery
<input type="radio"/>	<input type="radio"/>		11. Chronology of methods used
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	12. Side-shields on glasses
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	13. Moisture chamber
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	14. Warm compresses, antibiotics or lid scrubs for blepharitis
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	15. Topical antibiotics for corneal epithelial defect
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	16. Tarsorrhaphy for non-healing epithelial defect
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	17. Conjunctival biopsy for symblepharon
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	18. Dental consult for dry mouth/lesions
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	19. Neurology, ENT or oculoplastic consult for seventh nerve palsy
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	20. Referral/consultation for pemphigoid/systemic disorder

### Follow-Up

Recorded	Not Recorded	Not Applicable	Item
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	1. Dry symptoms persist
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	2. Associated corneal defect
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	3. Any other associated problems
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	4. Follow-up for severe exposure keratopathy; not true dry eye, but form of tear dysfunction